

# Client Welcome & Intake Packet

*Prepared by Marsha | Intuitive Origins*



Guiding you back to balance -  
mind, body and soul.

## Welcome

Welcome, and thank you for choosing Intuitive Origins.

This space has been intentionally created to feel grounded, safe, supportive, and professional. My role is to gently guide you back to balance — mind, body, and soul.

Please complete this intake and consent form prior to your first session so that your experience is safe, aligned, and supportive.

## Client Information

Full Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/Province/Postal: \_\_\_\_\_

Date of Birth (optional): \_\_\_\_\_

Occupation (optional): \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

Primary Care Physician (optional): \_\_\_\_\_

Naturopath/Other Practitioner (optional): \_\_\_\_\_

## Privacy & Confidentiality

Your personal information is collected for the purpose of providing safe wellness services and is stored securely in accordance with Canadian privacy standards. Information will not be shared without written consent except where required by law.

☐ I consent to Intuitive Origins collecting and securely storing my information.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Health & Wellness Information

- |                                                     |                                                   |
|-----------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> Headaches/migraines        | <input type="checkbox"/> Neck/back injuries       |
| <input type="checkbox"/> Anxiety or depression      | <input type="checkbox"/> Joint pain/arthritis     |
| <input type="checkbox"/> PTSD or trauma sensitivity | <input type="checkbox"/> Allergies                |
| <input type="checkbox"/> Heart condition            | <input type="checkbox"/> Epilepsy/seizures        |
| <input type="checkbox"/> High/low blood pressure    | <input type="checkbox"/> Pregnancy                |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Recent surgery or injury |
| <input type="checkbox"/> Chronic pain               | <input type="checkbox"/> Cancer (past or present) |

Current medications/supplements:

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Anything I should know for your comfort/safety:

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## Informed Consent for Services

Services provided by Intuitive Origins may include meditation guidance, energy-based wellness support, and educational discussion of herbal and holistic wellness practices.

These services are complementary wellness practices and are not a substitute for medical or psychological care. Intuitive Origins does not diagnose, treat, cure, or prescribe.

I voluntarily consent to receiving services and accept responsibility for my well-being.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Herbal & Holistic Disclaimer**

Any discussion of herbs or natural wellness options is provided for educational purposes only. Clients are responsible for consulting a licensed healthcare provider before beginning any herbal or wellness regimen.

### **Emotional Well-Being Acknowledgement**

I understand that meditation and energy wellness practices may bring awareness to emotions or memories. I accept responsibility for communicating any discomfort and understand I may pause or stop a session at any time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Liability Waiver**

I voluntarily participate in services offered by Intuitive Origins and accept full responsibility for my participation and well-being. I release and hold harmless Marsha | Intuitive Origins from liability except where prohibited by law.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Cancellation Policy**

48 hours notice is required to cancel or reschedule appointments. Late cancellations, missed appointments, or no-shows are non-refundable and non-transferable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Testimonial Consent (Optional)**

☐ I consent to anonymous testimonials being shared for marketing

☐ I do NOT consent

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Final Agreement**

I have read and understood this entire welcome and intake packet and voluntarily agree to participate in services provided by Intuitive Origins.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_